



HAPPY NEW YEAR



HAVE YOU MADE ANY NEW YEAR'S RESOLUTIONS?

The tradition of the New Year's Resolutions goes all the way back to 153 B.C. when Janus, a mythical king of early Rome, was placed at the head of the calendar.

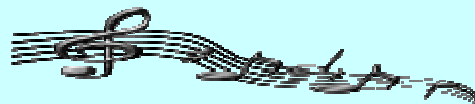
With two faces, Janus could look back on past events and forward to the future. Janus became the ancient symbol for resolutions and many Romans looked for forgiveness from their enemies and also exchanged gifts before the beginning of each year.

As we all know, resolutions are far easier to make than they are to keep, but it doesn't stop us from promising ourselves a more successful, more productive and happier year than the last one.

As many of us vow to do a whole host of things most of us will not follow through on, the following are the resolutions most often forgotten, according to TIME magazine:

- Lose weight and get fit
- Quit smoking
- Learn something new
- Eat healthier
- Get out of debt and save money
- Spend more time with family
- Travel to new places
- Be less stressed
- Volunteer
- Drink less

Good Luck with your resolutions, whatever they may be!



CHRISTMAS MUSIC

At our December 8th meeting, we were entertained with Christmas music by Linda Kramer, a multi-talented local piano and vocal teacher. Linda sang many Christmas carols in an amazing alto/soprano voice.

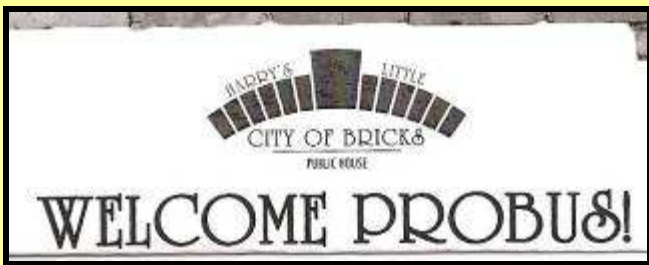


Linda Kramer

Linda is an Honours Graduate from Humber College where she studied jazz piano and vocal. Linda works with the Northumberland Orchestra Choir as a soloist and often as an accompanist. Linda has performed in musicals at the Capitol Theatre including Oklahoma, Annie, Guys and Dolls, The Sound of Music, My Fair Lady and GiGi to name a few. Linda has also performed at Victoria Hall in Cobourg.



Linda being thanked by Elsie Board



EUCHRE GROUP CHRISTMAS DINNER

The Euchre Group enjoyed a fabulous Christmas Dinner on December 13th at Harry's Little City of Bricks. A special menu was arranged for us and the noise level was *almost* as high as it is at our euchre games. Many thanks to Lois Meadows for organizing such a great evening.



Joyce Prince, Leo & Dorothy Spicer, Ruth & Don Newington and Frank Henderson



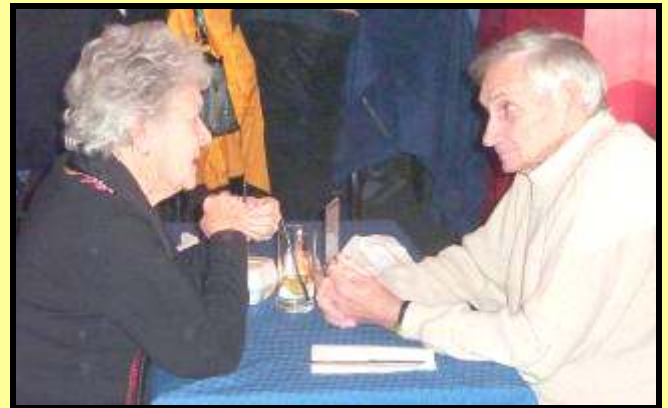
Elaine Simmons, Felicity King, Gayl Squire, Joyce & John Ferguson, Larry Squire, John King and Helen Dayman



Reg Colborne, Garnett Birney, Joan Bebee, Steve Snell, Lorna Turner, Joan & Mike O'Grady



Lois Meadows – our wonderful coordinator



Felicity King and Verne Meadows discussing Euchre strategy perhaps?

SPEAKING OF EUCHRE DID YOU KNOW THAT....

Euchre is an offshoot of Juckerspiel, a game that became widely popular throughout Europe during the Napoleonic era. In the 1800s, it became one of the most popular card games in America and Australia. Euchre (and its variations) is the reason why modern card decks were first packaged with jokers, a card originally designed to act as the right and left "bowers" (high trumps). Although later eclipsed by Bridge (as with so many other games of this type), Euchre is still well known in America and is an excellent social game. (Our Probus Euchre Group can certainly vouch for that!)



CHRISTMAS PARTY PHOTO GALLERY

Our Christmas Lunch was held on December 15th at the Cobourg Lions Club. Many thanks to Ray Williams for organizing this holly jolly event which was enjoyed by 93 members.



Bruce Britton, June Gibson, Gwen Logan, Anthony Skinner



John Ferguson, Bob & Henrietta Mills, Joyce Ferguson, Dorothy Spicer



Rosalie Jakobi, Felicity & John King, Jan Blaikie, Joan Bebee, John Wright



Ray Williams, Linda Goldie, Hugh Parker, Wilson Gaudion



Diane Haynes and Steve Snell giving Santa their requests.



Santa, assisted by Mrs. Claus and his Chief Elf, had gifts for many girls and boys



Santa and his helpers – Dorothy Giddings and June Lentrir



Gary Chadwick



Michele Duval Lane



Susan Gaudion



Brian Board



Brian Underwood



Liz Linton

A WARM WELCOME TO OUR NEW MEMBERS



Ann Smith



I bought a house and retired to Port Hope in July, 2011. I began my working career as a teacher and taught for two years in Fort George, Quebec for the Department of Indian Affairs at St. Philip's, an Indian Residential School. I returned to Toronto and attended Trinity College receiving a BA in Honour Music. Following university, I taught music in Etobicoke for twenty years, much of it as a Music Consultant. I was also organist and choir director in a number of Anglican churches. In 1989 I returned to Trinity College, this time to study Theology and was ordained as an Anglican priest in 1991. I have served as the Incumbent of two parishes - St. Thomas, Brooklin and St. Francis of Assisi, Mississauga. I live with my two dogs, Gemma, a lively Jack Russell terrier, and Meaghie, a Bichon.

I hope to find time in my busy retirement schedule to do some writing.

Stuart & Liz Linton



Elizabeth was born in Toronto and moved to Port Hope at age 7. She enjoyed being raised in a small town. She worked for the Department of Highways and a downtown lawyer's office. She then married and became mom to two children, Jackie and Mark. Stuart was born in Cobourg and raised in Camborne, one of six boys. He worked for Davey Tree Co & then for Port Hope Hydro for 34 years. He has been retired for 11 years. Their daughter Jackie and her husband live in Port Hope and have two sons, 14 & 11 who both enjoy sports. Their son Mark lives and works in Toronto and will be married in March 2012.

Liz and Stu have lived in their home for nearly 40 years. They are enjoying retirement and like taking road trips to the U.S. and visiting Cuba and Victoria, BC. They are looking forward to more trips and spending time with their friends at Probus.

GARDEN VEGETABLE SOUP

Now that the cold winter days are upon us and, perhaps to tie in with a New Year's Resolution to either lose some weight after the holidays or to eat a more healthy diet, try this easy and delicious soup. Courtesy of *WeightWatchers*, it's only 42 calories per serving! Makes about 4 cups.

Ingredients:

2/3 cup sliced carrot
1/2 cup diced onion
2 garlic cloves, minced
3 cups fat-free broth (beef, chicken or vegetable)
1-1/2 cups diced green cabbage
1/2 cup green beans
1 tbsp tomato paste
1/2 tsp dried basil
1/4 tsp dried oregano
1/4 tsp salt
1/2 cup diced zucchini



Continued →

Preparation:

- In large saucepan sprayed with nonstick cooking spray, sauté carrot, onion and garlic over low heat until softened, about 5 minutes
- Add broth, cabbage, beans, tomato paste, basil, oregano and salt; bring to a boil. Lower heat and simmer, covered, about 15 minutes or until beans are tender
- Stir in zucchini and heat 3-4 minutes. Serve hot.
- If you prefer a smoother soup, you can purée with an immersion blender or in a food processor

This soup freezes well so, why not double the recipe and have some ready to thaw quickly on a busy day?

Hint: To freeze this or any other soup as single servings, spoon soup into sandwich size zip lock bags and freeze bags flat on a cookie sheet. When frozen, the single servings will stack like cards in your freezer and save a lot of space.

SHARE THE WEALTH WINNER

December 8. Kathy Wallace's Mom, who was visiting that day, was the lucky winner of \$61.



Jan/Feb Crews CATERERS

January 12

Captains Bryan & Georgina Rose
Helpers Sharon Rathbone
Julie & Marcel Rondeau

January 26

Captain Garnett Birney
Helpers Shirley Harrison
Linda Goldie
Hugh Parker

GREETERS

January 12 Marilynn Dunne
Dave Strong
January 26 Elaine Simmons
Lorna Turner

APPIES & DRINKS

The last Appies & Drinks event of 2011 was held on December 7th at Gail and Gary Chadwick's home. This event was a great start to the Christmas season and a good time was had by all enjoying the food, beverages and camaraderie.



Dave Strong, Joyce Prince, June Lentir, Gwen Logan and Eunice Hogg



Frank Henderson, Leo Spicer and Jim Scherer



Marilynn Dunne and Sheila Scherer

SPECIAL EVENTS FOR 2012

The Special Events Committee works very hard planning events for our club throughout the year. So far the proposed events for this year include the following:

April: Kawartha Downs with dinner, in conjunction with Rovers' Night Out
May: Parkwood Estates in Oshawa – tour and lunch
June: Golf Tournament with lunch
July: 4th Line Theatre. Marie Dressler Story with dinner
August: Picnic
September or October: Car Rally

The Committee is looking for volunteers to help with each of the above events apart from the car rally for which plenty of volunteers have already come forward. If anyone would like to help with any of the other events, please contact Carolyn Williams at 905-885.4309 or carolyn.joan@gmail.com Carolyn and her team would really appreciate any help you can give, no matter how small. Remember "many hands make light work" and it's only with the help of the membership that our events are a success. Carolyn is also looking for ideas for events for February/March. If you have any suggestions, Carolyn would love to hear from you.

UPCOMING EVENTS...

APPIES & DRINKS

Friday, January 13 from 2 till 5 p.m. at Marilyn Dunne & Dave Strong's home. 3327 Roseberry Road. Weather permitting, prepare for outdoor fun in the way of snow shoeing or cross country skiing or sit and watch from the window!

BOWLING TOURNAMENT

Monday, February 13. Northumberland Mall Bowling Alley. Details to follow. Practices will be held on January 23 and February 6. We have to get rid of that toilet seat trophy this year!

2012 SPECIAL EVENTS

Please refer to the article from the Special Events Committee on page 5 of this newsletter for more information on this year's events.

UPCOMING SPEAKERS

January 12:



Colonel Greg Smith, the son of Probus member Ron Smith, will speak about life in Afghanistan, the Afghan people and the Canadian soldier. Colonel Smith has been a soldier for 23 years and has deployed to Afghanistan twice. He will be deploying again to Kabul in February 2012 as the Deputy Task Force Commander for the Canadian training mission.

January 26:

Our speakers will be two Port Hope fishermen showing pictures and talking about their trips fly fishing throughout Canada including Rivers on Victoria Island, in Arctic Rivers and into the Alaskan interior.



SOME THOUGHTS FOR THE NEW YEAR

Many people look forward to the New Year for a new start on old habits. *Anonymous*

May all your troubles last as long as your New Year's resolutions! *Joey Adams*

A New Year's resolution is something that goes in one Year and out the other. *Anonymous*

The bad news is time flies. The good news is you're the pilot. *Michael Altschuler*

Cheers to a New Year and another chance for us to get it right. *Oprah Winfrey*

ONGOING EVENTS & contacts

PUB NITE

Join us for dinner, conversation & drinks. Last Tuesday of the month 6:00 PM at the Beamish House
Coordinator: George Grimes 905-885-1594

APPIES & DRINKS

Bring an appetizer and your own drinks
Coordinator: Marilyn Dunne 905-786-2549

EUCHRE

Every 2nd Tuesday from 1.30 p.m. to 3.30 p.m. at Ruth Clarke Senior Centre, 81 Mill Street
Coordinator: Lois Meadows 905-885-6715

LUNCH BUNCH

After the last meeting of the month.
Coordinator: Maggie Colborne 905-885-1722

BOWLING

1st Monday of the month at 1:30 p.m. at Northumberland Mall Bowling Alley.
Coordinators: Georgina & Bryan Rose 905-797-3415

CONTACT INFORMATION Ganaraska Valley Probus Club Executive 2011-2012

President 905-797-9696	Susan Gaudion wands@eagle.ca
Vice-President 905-885-9929	Steve Snell stephen.snell2@sympatico.ca
Past-President 905-885-05304	Garry Curtis g.curtis@sympatico.ca
Secretary 905-885-0585	Gail Chadwick chadwickg@sympatico.ca
Treasurer 905-885-2389	Leo Spicer (No email)
Membership 905-885-1018	Mike O'Grady ogradym@cogeco.ca
Meeting Organization 905-885-1314	Joan Bebee (No email)
Program 905.797-2555	Joyce Ferguson joyce.ferguson@sympatico.ca
Special Events 905-885-4309	Carolyn Williams carolyn.joan@gmail.com
Communications 1-905-446-0146	Lorna Turner lornaturner@rogers.com

GANARASKA CURRENTS

http://www.probusnorthumberland.com/ganaraska_news.htm

EDITOR : Lorna Turner
lornaturner@rogers.com

ASST. EDITOR : Michele D. Lane
mdlane2003@gmail.com

Tel : 905-446-0146

Tel : 905-885-2969