



# The Beacon



## Newsletter of the Brighton Probud Club Volume 8, Issue 10 – September 28, 2011

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## President's Message



At our last general meeting, the Management team for this coming year was introduced. These members are the core that help manage internal, financial, and all club processes. Within this team, we also have special interest and social groups that provide trips, cultural excursions, points of interest, golf, and various other activities.

We are a vibrant and active club and with your participation and support, we can ensure its continued success.

**DID YOUR KNOW?** "Cataracts" - Omega 3 fatty acids in tuna, salmon, mackerel, and the antioxidant "Lutein" found in bilberries, kale, spinach, broccoli, Swiss chard, watercress, corn, peas, and egg yolks, may help filter out some of the harmful light that can damage the retina and can even slow down the progression of vision loss.

**HOW TO STAY YOUNG:** Keep learning--Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop" and the devil's name is "ALZHEIMER'S".

**A CANADIAN FACT:** The Mackenzie River is the longest river in Canada. Mount Logan in the Yukon Territory is Canada's tallest peak at 5,959 metres.

Mary

## SOCIAL EVENTS

**Thursday, October 6, 2011**

**Car Rally**

*Please meet at 9:40am at the Community Centre Car Park.*

**Friday, November 18, 2011 and**

**Friday, November 25, 2011**

**Lunch at Café 213, Loyalist College** plus possible briefing. Cost \$13 per person (does not include tip or beverage). Parking \$2.

**Payment due by October 12.**

***NOTE: Currently there are 80 persons signed up. Therefore the event will be split between the two Fridays. More information at September 28 meeting.***

**Sunday, November 6, 2011**

**Best Western (Cobourg) Dinner Buffet**

followed by the comedy “*Month of Sundays*”. Cost of \$52 includes bus, roast beef buffet and play. 40 seats have been reserved in the front row. The bus leaves from the municipal car park south of the Legion at 4:00pm, dinner at 5:00pm and play at 7:00pm.

Sign up sheet available – full payment needed at time of sign up please.

### Some events currently being planned:

**Thursday, 1 December 2011** – Christmas Dinner & Dance at Timberhouse.

**Wednesday, December 28** – Naughty Version of “**The Panto of the Opera**” at the Empire Theatre, Belleville plus dinner and bus. 30 seats have been booked in the 4<sup>th</sup> row. Cost to be announced (approx \$50).

### Proposed events for January – August, 2011:

**January** – Robbie Burns Night at Legion

**February** – another Loyalist lunch

**March** – Lunch/theatre in Port Hope

**April** – Anniversary Lunch

**May** – Spring Fling. Theatre

**June** – Kingston Boat Cruise

**July** – Annual Picnic

**August** – Wine Tour

**A suggestion box with paper will be available for your use at the events table.**

## PROGRAMME

### TODAY

**Wednesday, September 28, 2011**

Member Doreen Cable, a former manager at SOCAN (a Canadian copyright collective that administers the performing rights of more than 100,000 composer, author and music publisher members), will talk about her time there. She will also introduce two other speakers from SOCAN.

**Wednesday, October 12**

Heather Nemeč, Education Coordinator of the County of Northumberland Waste and Recycling will talk about do’s and don’ts.

**Wednesday, October 26**

Al Brisco with his steel guitar.

### INTEREST GROUPS

#### **Bid Euchre**

New Members welcome

Every 1<sup>st</sup> and 3<sup>rd</sup> Monday 1:30pm

Anglican Church Hall

*Linda Barker*

613-475-5344

*Diane Frye*

905-355-2307

#### **Chapter One Book Club**

1<sup>st</sup> Tuesday of the month 10:00am

*Lin Barker*

613-475-6142

**Single Diners** (New members welcome. Must be single and a member of the Probus Club.)

Please contact *Helen Anthony* 613-475-1304 or *Marion McIlveen* 613-475-2202 if you are interested in joining the group for a social time and a meal.

### WANTED!

A couple of members willing to look after the 50/50 table. Please see Hugh Graham.

### A REMINDER OF GOLF DATES FOR SEPTEMBER - OCTOBER

Sept 29	10:00am	Salt Creek	tba
Oct 5	10:00am	Pine Ridge	On site
Oct 19	10:00am	Salt Creek	tba
Oct 21	4-8pm	Pine Ridge	

## WELCOME NEW MEMBERS

Pat Boyce  
Sally Scanlon  
Bob Willick  
Julie Wilson

**Attached to this newsletter please find a list of the Brighton Probus Management Chairs and Teams for 2011-2012. There are still a few positions to be filled.**

**A membership list should be available in October.**

## COMMUNITY EVENTS

If you have a community event that you wish to be announced at Probus meetings, please contact Rose ahead of time at 475-2665.

**October 1, 2011** – 1<sup>st</sup> proclaimed *Heritage Day* in Brighton.

7:00 pm at the Masonic Hall – presentation of plaques to heritage buildings. All welcome. There will be bus tours and walking tours during this day.



**At the Brighton Barn Theatre**

*Written by Marc Camoletti*

*Directed by Sharron McMann*

*Produced by TBA*

**Evening Performances at 8:00 pm**

September 29, 30 October 1, 6, 7, 8

**Matinee Performances at 2:00 pm**

October 2

Tickets may be purchased at the “Barn” Box Office (Proctor House) or by telephone at 613-475-2144. The box office is open from 1-5pm approximately 3 weeks prior to each show. All tickets \$15.