



Probus Patter

Port Hope and District Newsletter

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SPECIAL EVENTS
BILL MINION

NEWSLETTER
PAULINE CARRICK



PORT HOPE
MY KINDA TOWN

BY
TERRY BELL, PRESIDENT

HOW FORTUNATE WE ARE TO CALL PORT HOPE HOME. When I return from a trip, I always enjoy my first visit downtown, perhaps to get caught up on appointments, shopping and so on. If it's Tuesday, it's Seniors' Day at the drugstore and the frozen food store and so we stock up. I like coming into town from the west on Toronto Road. That way I see the whole town with its lovely historic buildings as I drive down Walton Street. It feels good to be home again.

I can't help but feel what a wonderful sight it must have been for farmers coming into town in their horse and buggies in the bygone days when life was so much more simple than today. My hope is that we try to keep our town relatively simple and well preserved.

Once I've reached downtown, I stop at the bank and I deal with a teller. I enjoy dealing with people and not machines. As I pass the Capitol Arts Theatre I am reminded of all the wonderful events that Rita and I have attended that have done so much to enhance our lives since I retired. I think of the great volunteers there who have made us feel so welcome in our newly adopted town.

Crossing the Ganaraska River bridge I enjoy the ever-changing river view, sometimes tranquil, sometimes wild, and it occurs to me what a gem we have flowing through the centre of our town. It is not only pleasant to look at it's a source of great year-round recreational enjoyment for so many people.

As we drive around town, I can't help but see the church steeples and I am reminded of the pleasant and not so pleasant times I've had at some of these churches. If we have time, we like to explore the town's streets to view the beautiful old homes. Many of them now operate as Bed and Breakfasts and it's no wonder that we have as many as we do. We really have much to see and be proud of in our town.

Probus Patter

is the newsletter of the
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PROBUS WEB SITES
probusnorthumberland.com
probus.org/canada.htm

The Sinnott Dairy

Our speaker on April 21st, fifth generation Port Hoper Patricia Sinnott, regaled us with stories about her grandfather's dairy. She made Port Hope her home when she bought the Sinnott House on Cavan Street in 2002. The Sinnott Dairy was located in what is now her garage.

Jim Sinnott's horse and cart was a familiar sight around town from 1910 until 1932. He was the first person in Port Hope to deliver milk in bottles to homes in English Town, on the west side of the Ganaraska. (Protestant Town was across the river.) Most of us remember leaving an empty glass bottle with the money in it on our doorsteps to be replaced with a fresh bottle brimming with delicious cream on top. No skim milk in those days! No pasteurization or refrigeration either. That came in the 1930s.

The milk from local dairy farmers was kept cool with blocks of ice cut from nearby ponds. The ice blocks lasted all summer because they were packed in sawdust and stacked in the ice house.

In 1932 Jim Sinnott sold his business to Downey's Dairy, which operated out of the building now occupied by the Palm Restaurant and Dr. Corbett's Inn. He went on to become the manager of the liquor store in Port Hope, county reeve and hydro commissioner. Jim died in 1961.



Maisie Vanhinsberg tells Patricia Sinnott that she used to skate with Jim's son on the pond at the back of the dairy where they cut the ice blocks.



Mother's Day

Mother's Day in the United States and Canada, celebrates motherhood generally and the positive contributions of mothers to society. It falls on the second Sunday of each May. Following the death of her mother on May 9, 1905, Anna Marie Jarvis (1864–1948) devoted her life to establishing Mother's Day as a special day.

CAR RALLY

Yeah! Bob Fair has agreed to lead the fun of organizing this year's Car Rally in the fall. Actually it's a lot of work, and Bob would appreciate some help.

Bob Fair: 905-885-1192

ANNUAL GENERAL MEETING, SEPTEMBER 12

Nudge, nudge! Please think about serving on the Management Committee next year. You can do it!

Port Hope Community Health Care Centre

On April 7th Jane Spencer and Pam MacDougall from Port Hope's new Health Care Centre outlined some of the determinants of health: income, social support, employment, personal and family history, community support. The new Centre will target youth at risk, low income clients, seniors with chronic illnesses and other people who do not have a family doctor. Among other services offered will be a Diabetic Clinic and a kitchen and dining room for 80 to serve community groups. As Nurse Practitioner, Jane works as part of a team with the doctors and can prescribe medication, order X-Rays, examine patients and offer diagnoses.

You are invited to their Grand Opening on June 10th.

Our Own Barb Winfield Painter Extraordinaire



After she retired, Barb set out to fulfill her dream of painting. She began to take lessons, but when she lost the use of her right hand she didn't give up. She moved to mouth painting.

A Toronto orthodontist made her mouth fittings to hold paintbrushes, and asked her for one of her paintings in return. She's now a member of the Mouth and Foot Painting Organization, with a Toronto branch and international headquarters in Liechtenstein. They have just chosen one of her paintings for their yearly Christmas cards. Congratulations Barb!

Never seeming to tire, she is now taking classes almost every day in various mediums and styles - oils, acrylics, water colours, landscapes and portraits. Another talented artist among us, Probud member Don Simpson, is one of her mentors. Barb says he is an outstanding teacher.



CATERING

May Captain: Judy Johnson

May 5, Verne Johnson, Margaret and Alan McCready, Maisie Vanhinsberg

May 19, Kitty Hatch, Joann Henderson, Joyce Lees, Grace Lees

June Captain: Barbara Moorcroft

June 2, Bob Moorcroft, Betty deLong, Jane McCluskey, Doreen Rossi

June 16, Donna Wakely, Fred and Gloria Schumacher, Marg Tait

July Captain: Jeannette Etter

July 7, Elaine Simpson, Beth Wallace, Fiona and John Graham

Top left: Granddaughter, Taya Van Dyke, is the subject of one of Barb's luminous oil portraits.

Bottom: These two landscapes are among Barb's recent acrylic paintings.

How does Barb paint with immobile hands? Her caregiver Josie, a painter in her own right, prepares the paint palette, loads the brush with the colours chosen by Barb, and then inserts the mouthpiece with the brush attached into her mouth. It's wonderful and dedicated team work.

SEE BARB'S WORK AT THESE UPCOMING SHOWS
The Art de Triomphe, a painters' group consisting of 15 disabled artists, is holding an art show on the first weekend in July at "Meet at 66 King Street", Cobourg.
The Friday Morning Art Group is holding a show at the Upstairs Gallery, Walton Street, in Port Hope August 26 to September 20. Don Simpson is also a member of this group.

SPECIAL EVENTS

ART GALLERY OF ONTARIO

June 4, 2009

This interesting day trip includes transportation, lunch at George Brown College and entrance to the Art Gallery. We leave from Phillips Road commuter parking lot at 10.30 a.m. and stop for lunch before proceeding to the art gallery. Cost: \$71
Payment due now.

QUEBEC CITY

3 days, July 15, 16, 17, 2009

Cost: \$279

This three-day trip to Quebec includes two night's hotel accommodation and bus transportation.
Cost: \$279 per person double occupancy, not including meals. Please sign up now for this great trip to historic Quebec City with a side trip to Montmerency Falls.

AGAWA CANYON

September 22, 23, 24, 25, 2009

Cost: \$430

This lovely trip includes three nights hotel accommodation (two nights in Sault Ste Marie and one night in Frankenmuth MI on the return trip), bus transportation to the train, train ride through the spectacular fall colours of the Agawa Canyon with breakfast and lunch on board. There are also museums in the Sault we could visit.
Cost is \$430 per person double room or \$570 single. Please sign up now.

Special Events Coordinators

Bill and Carolyn Minion

905-342-3264

NOTE DATE CHANGE

TORONTO ALL STAR BIG BAND

SUNDAY, MAY 31, 2009

CAPITOL ARTS THEATRE, PORT HOPE

Purchase tickets from Bonnie Walker

CHANGES TO MEMBERSHIP LIST

Betty Clark: resigned due to her husband's ill health.

Bill Minion: new email: billminion@gmail.com

Programs

May 5: Capitol Arts Theatre

Uwe Mayer, Artistic Director of the Capitol Arts Theatre will talk about his life in the theatre world and tell us about some upcoming shows.

May 19: Community Care Access Services

Sherri McKeen, Community Outreach and Education Officer will talk about the services they offer and how they differ from other agencies with similar names.

June 2: The Help Centre

Executive Director **Mary Anne Rowlands** and **Suzanne Grew-Ellis** of the Help Centre will tell us some of the stories of people who have been helped by the Centre. At the end we should have a better idea of the role of the Help Centre in our area.

June 16: Trenton Air Force Base

A Hercules pilot from the Search and Rescue team will give us a clear picture of what the team does.

July 7: Routes to Learning Canada

Elderhostel programs for lifelong learning: an educational approach to travel for mature and active audiences.

Sue Speirs, Program Coordinator, 885-8604

SUMMER MEETING DATES

July 7

August 4

MARK YOUR CALENDARS

SPRING FLING: Wednesday, May 20, 9am, Keeler Centre, Colborne. Pick up tickets from Liz Davidson.

PROBUS PICNIC:

Wed., June 17, at the Adamson's Lakeshore home

CORN ROAST:

Tuesday, September 8, Harold and Donna Wakely's, Lakeshore Road home

PROBUS ANNUAL GENERAL MEETING:

September 15, reports and election of new officers

CHRISTMAS PARTY:

December 18: Best Western Hotel, Cobourg