



THE COBOURG PROBIAN

Volume 15, Number 10, July, 2009

The Probus Club of Cobourg and District

P.O. Box 63, Cobourg, Ontario K9A 4K2

Next Meeting: July 16th, 2009

Vice Presidents' Report:

***Sorry, the Vice Presidents' report was not available at press time
(see supplement on page 5)***

J and j

P.S. For the record, J is Joanne, j is jim.

SPEAKERS & EVENTS

- JULY 2nd** Heather Stubbs
Comfort Zone - Keeping Your Cool Under Stress
- JULY 10th** **Our annual "Tree Planting** in memory of our members who passed on during the past year. Lunch after at the Legion. Further details will be announced. Mark your calendars.
- JULY 16th** Sheila Burns &. her donkey companions
Primrose Donkey Farm
- AUG. 6th** **SUMMER SIZZLER** in Victoria Park. Ticket now on sale at the table.
- AUG. 20th** **Pete Csefko**
Music
- SEPT. 3rd** **Elizabeth McCaughey**
Japan
- SEPT. 17th** **Larry Hall**
Evolution of Black History
-

OCT. 11 **DINNER THEATRE "Relatively Speaking"** sounds like a good comedy with marriages, mix-ups and plenty of fibbing. \$33.75



CHECK YOUR DRIVING SKILLS

Terry Stanley spoke at our June 4th meeting on driving safety. Terry was with the OPP for 17 years and has served 11 years on the Cobourg Police Force. Know when to quit driving was Terry's advice to Seniors. Our abilities to see and hear and our reactions to sudden dangers are things we should be aware of. Are we having more mishaps or near misses? No one wants to give up our independence but it could save injuries or worse. Even a minor accident after 70 can result in having to take a driving test.

Leave the passing lane free. No stopping and no parking on the #401. Zero alcohol is preferred. Alcohol blood level is now .05. For an average 190 -200 pound man, this would be 2 drinks back to back. There is usually one driver over 35, charged in Cobourg per week.

Terry is also active in Northumberland Elder Abuse Prevention and reminded us to attend Seniors Day on Friday, October 23rd at the Lions Community Centre, to learn of the many ways Seniors can be abused.

GET INTO THE SWING OF THINGS

Sign up now for the **Shelter Valley Pines Probus International**. Friday, July 24th at 9 a.m. **4 Person Scramble**. Groups must have at least 1 Probus member to qualify and must have at least one lady per group. Many fun events planned. Golf Trivia. A fun time with friends. Cost per person: \$32. walking or \$40 riding. Fees include 9 holes, lunch and prizes. To register or if you have any questions, please do not hesitate to contact Jason at 905-349-3427.

Please keep in mind that carts are limited so make sure to book your group early. Registration deadline was June 23rd, 2009.

This notice arrived after our June Probian. There's a chance you may still be able to register but you might be walking. Hope you have fun.

- ANNUAL MEMBERSHIP FEES

Renewal of membership for the 2009/2010 season can be paid at our July 2nd meeting. Cheques only, please, in the amount of \$30 per person. Cheques to be made out to the "Probus Club of Cobourg and District." Please give cheques to Ken Ledgard, Membership Chair. Membership information available from Ken at: kengard@eagle.ca

A DOCTOR'S EXPERIENCES

One of our own members, Dr. Granville Nickerson, gave an enlightening talk of his experiences as a Doctor. Having been educated at Acadian University; pediatrics at McGill and pathology at Harvard. He was Chief of Pediatrics at Montreal Children's Hospital and also neurology at Montreal and he even went behind the Iron Curtain.

He saw Chinese on stage paying tribute to Dr. Bethune who was little known for his work in Canada but considered a hero in China for his tireless work with T.B. patients. China wanted Dr. Nickerson to go to their country in 1986 as they couldn't get enough doctors and the only acceptable persons were Canadians. Chinese medicine is different than ours and they frequently use leeches. Chinese want to learn Western medicine. Kidney transplants are done more frequently than here and the reason is - they salvage the kidneys of executed people.

His slides showed the high regard of his visit to Chinese hospitals. A 24-course dinner he attended was all prepared by one man.

Dr Nickerson was introduced by Jim Sandham and thanked by Hal Jacobsen.

WE'VE BEEN GYPED

NO CAR RALLY this year. After much consultation with the Probus Membership. The Executive Committee of our club has decided that there will be **NO** Car Rally in 2009. The next Car Rally will be held in the Fall of 2010 (probably September).

The Executive Committee is actively searching for a Chairperson and enthusiastic Committee Members. Now is your chance to volunteer. Please see J&j

-Russ Donaldson

TWO DIFFERENT DOCTORS' OFFICES

Boy, if this doesn't hit the nail on the head, I don't know what does!

Cute and Sad

This is the honest truth! ! ! ! !

TWO DIFFERENT DOCTORS' OFFICES

Two patients limp into two different medical clinics with the same complaint. Both have trouble walking and appear to require a hip replacement.

The FIRST patient is examined within the hour, is x-rayed the same day and has a time booked for surgery the following week.

The SECOND sees his family doctor after waiting 3 weeks for an appointment, then waits 8 weeks to see a specialist, then gets an x-ray, which isn't reviewed for another week and finally has his surgery scheduled for 6 months from then.

Why the different treatment for the two patients?

The FIRST is a Golden Retriever.

The SECOND is a Senior Citizen.

Next time take me to a vet!

SMILING

When the weather suits you not, TRY SMILING
When the coffee isn't hot TRY SMILING
When the neighbours don't do right
Or the relatives all fight
Sure it's hard, but then you might TRY SMILING
Doesn't change the things of course, JUST SMILING
But it cannot make them worse, JUST SMILING
And it sort of helps your case,
Brightens up a gloomy place,
Then it sort of rests your face
JUST SMILING

Kay Lucas

Send articles for the Probian to Elma Parker at elmapar@eagle.ca

Probus Probian July 09

Summer is here - both by the calendar and the weather. Hopefully it won't be a stinker of a summer with high humidity, temperatures and smog. There will be no letup in our activities, with three happenings in July and two in August. We have our regular meetings in July plus our Tree Planting ceremony on July 10th. On August 6th we have our Summer Sizzler in Victoria Park in place of the regular meeting plus the regular meeting on August 20th.

Why do we have a Tree Planting ceremony? Russ Donaldson originally proposed the idea with two purposes in mind- as I remember it. The first and major reason was to honour and remember our members who had passed away during the twelve month period. The second was to leave a Cobourg Probus legacy by helping to beautify Victoria Park by replacing some of the 100 plus year old trees that were getting too old. He had researched it with the Town. They agreed to locate the spot, pick the type of tree and plant it. We would pay a nominal fee and supply the appropriate plaque, which the Town would also install. This has worked extremely well for both parties since the first planting in July 1999. Our first tree was a Glenleven Linden. Our eleventh tree will be a Purple Beech. We have planted trees of many varieties in the between years, both in the Park and over near the Marina. The Mayor or his designate "plants" the tree using the Town ceremonial spade. The families and friends of the past members are invited to attend and one of them usually speaks on behalf of all. There is an album that all the guests are asked to sign which includes a picture of each of our honoured members. After this we all head off to a luncheon where we can socialize and remember.

On **Friday, July 10th, at 11:00a.m.** we will be honouring the 2008/2009 members:

- Miriam Johnson
- Olive Reid, Founding Members, Life Member
- Terry Somerville
- Mary Ryan, President 2008/09
- Al Hoskin, Founding Member

A Purple Beech tree will be planted this year. (The Town put the tree and the plaque in a couple of weeks ago). The location is the north side of Queen Street, just a few feet north of the curb, between the Lawn Bowling Club and the post office. The ceremony will start at 11:00. This year the Mayor will be away but Deputy Mayor, Gill Brocanier will officiate. After, we will adjourn to the Cobourg Legion on Orr Street for a hot turkey dinner. (Tickets are \$15.00. There is a large parking lot at the Legion.) If you are uncomfortable standing for the 30 or so minutes the ceremony takes, you might bring yourself a lawn chair. Parking is along the south side of Queen Street and also on McGill and Church Streets. There is also the Town lot opposite the post office. (McGill and Queen).

J & j