



in TOUCH



Probus Club of Colborne Newsletter

MARCH 2005

Editor R.Compton

FOUNDED 2003

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Keeping in Touch-----in just over a month your Club will celebrate its 2nd Anniversary. Mark your calendar, Wednesday April 20th - we will be having our Anniversary Luncheon. The entire meeting will be worthy of your attendance and you'll find the entire morning extremely interesting and as always, you'll have fun, enjoy the socialization and learn something new. Remember, April 20th don't miss it!

It's getting close to that time of year when we (the present executive) start to think about the leadership of the club for next year and your commitment. In simple terms, Cathy Galt will automatically take over the Presidency, and she and your Club will require a Vice-President, Secretary, Treasurer, Historian & Activities co-chairpersons. Bob Compton, present Newsletter Editor and Membership Chairman, has agreed to continue for another year in that capacity. Our thanks to Bob.

We are a successful club. Our membership in two years has increased over 140%; our meetings are the envy of other Probud Clubs in the area. We know you want to keep the momentum rolling. "Each member must be prepared to contribute to our continuing success. "If you'd like to participate in one of the executive positions for 2005 —2006, give Cathy a call at 905-355-2394 or myself at 905-355-2776.

Clare Musselman, President

Our thanks to Jackie Oliver for sharing something about herself through a presentation of her hobby porcelain painting

THE GEM CAN NOT BE POLISHED WITHOUT FRICTION

NOR A PERSON PERFECTED WITHOUT TRIALS-----CONFUCIOUS

The 2004/2005 executive is -			
President	Clare Musselman	905-355-2776	
Vice President	Cathy Galt.....	905-355-2394	dougalt@eagle.ca
Secretary	Dorothy McKinney.....	905-344-7263	doralf@phc.igs.net
Treasurer.....	Audrey Shewan.....	905-355-3103	shewan@eagle.ca
Past President.....	Paul Ross.....	905-355-2156	rossp@eagle.ca
Newsletter/Membership	Bob Compton.....	905-355-5897	rcompton@phc.igs.net
Activities.....	Shirley Ross.....	905-355-2156	rossp@eagle.ca
	Gayle Jones.....	905-355-5796	gniece@hotmail.com
We Care.....	Gayle Jones.....	905-355-5796	gniece@hotmail.com
	Pat Judson.....	905-355-5673	steamer@eagle.ca
Club Historian.....	Eileen Milley.....	905-355-1035	eaminc@sympatico.ca



KITCHEN KORNER” by Olive Pitt

TUNA SALAD

9 tablespoons extra virgin olive oil

3 tablespoons balsamic vinegar

1/4 teaspoon salt

1/8 teaspoon fresh-ground black pepper

6—8 cups loosely packed assorted salad greens, cleaned, dried, and torn into large pieces

10 small mint leaves

10 small basil leaves

10 thin sprigs tarragon

1 teaspoon chopped fresh chervil

1 teaspoon chopped fresh dill

4 1/2-inch-thick fillets, center cut yellow fin tuna (totaling about 1 pound)

2 tablespoons chopped fresh thyme

Rock salt and additional fresh-ground black pepper

Preparation: 10 minutes. Cooking: 4 minutes.

In a large bowl, blend together the olive oil and vinegar and season with salt and pepper. Add the salad greens, mint, basil, tarragon, chervil, and dill to the mixture. Gently toss greens and herbs to coat with dressing. Divide the salad among four serving plates.

Season the tuna fillets with the thyme, and with rock salt and pepper to taste. Brush a cast-iron skillet with olive oil. Over medium heat cook the tuna until browned and firm but light pink in the centre, about two minutes on each side. Arrange on top of the salad. Serves 4.

Recipe: Eric Ripert, Brasserie Le Coze, Coconut Grove, Florida.

TOPICAL TOPICS

TRAVEL UNTROUBLED

- Leaving home this winter for sunnier climes? Make sure your winter escape is an escape from worry too. Use this checklist to properly secure your home while you're away:
- Inform a neighbour about your trip and ask them to check on your home at regular intervals, or consider engaging a house-sitting service.
- Arrange mail holding or forwarding with your local post office, or arrange to have your mail collected by a reliable person every delivery day.
- Suspend or cancel newspaper and magazine subscriptions.
- Unplug your answering machine or suspend your message service. Or, make sure that you check your messages regularly and erase unneeded messages so that the 'full' mailbox voice message won't be played.
- Ask a neighbour to park a car in your driveway.
- Arrange to have your snow cleared by a reputable company, relative or other reliable person.
- Use timers to activate lights and TVs at intervals that give the impression of people moving through your home.
- If you have a security system, ask a reliable person to be an additional contact with your security company. Notify the security company of this.
- Ensure that all entry points are secure, including delivery chutes, garage doors and upstairs windows.
- Install motion-sensing exterior lighting.
- Place a block of wood or similar solid object in the tracks of sliding doors, or use a commercially-available door jamming device.
- Do not leave notes indicating that you are not at home.
- Engrave an identifying mark on your possessions. Many police departments will lend you engraving tools.
- Store jewelry, documents and heirlooms in a safety deposit box.

- Put your street address number on the back of your house in case neighbours who can see your house from the back need to call the police or fire department to your home.
- Consider shutting off water and winterizing systems if warranted by your type of home.
- The correct procedure for preventing burst pipes is:
 - turn off your water
 - open all taps to release any water still in the pipes, and leave the taps open
 - drain all hoses and turn off all pipes providing water to the exterior of your home
 - Install a programmable thermostat to reduce the heating costs of an empty home.
 - Turn off and unplug all appliances and household electronics.
- Pay all your bills. Arrange pre-authorized billing and/or Internet banking for credit cards, utilities, and telephone at your Canadian residence.
- Suspend cable/satellite service. Many providers will place your account “on vacation” for a flat-rate maintenance fee.
- Suspend telephone service. Many providers will place your account “on vacation,” avoiding monthly service charges and long-distance plan expenses. ‘

INTERESTING INTERNET SITES

Probus on the Internet

There is a wealth of information on the Internet about Probus.

If you don't have a computer at home, use a friend's or grandchild's or even one from local Library.

<u>www.probus.org</u>	World
<u>www.probus.org/canada.htm</u>	Canada
<u>www.probus.org/5cobourg.htm</u>	Cobourg
<u>www.probus.org/cforms.htm</u>	Official forms, Constitution etc.



ACTIVITIES

Bingo— Every Wednesday Night at 6:15 PM at the Keeler Centre, Colborne.

March 16th, 2005 NOON Eden Valley United Church, Dundonald Fellowship lunch. It's good home cooking for only \$8.

March 28th, 2005 7:30 pm St Andrew's Presbyterian Church Colborne The history of roses presented by Laura Haferckorn. This is a Colborne and District Horticultural Society meeting.

May 28/29th Colborne Apple Blossom Tyme Festival The fun starts at 9 AM, All day music, craft booths, rides for the kids, Double Decker bus and many more fun things to do. Victoria Square and the Keeler Centre are event focal points.

UPCOMING COLBORNE PROBUS EVENTS

Mystery Night- Postponed until further notice, Place: The Milley's, theme: the 1920's.

Saturday May 8th, 2005 8pm Capital Theatre Port Hope Fundraiser for the Northumberland Lakeshore Hospice \$28/person and the Toronto Allstar Big Band is performing. Call the theatre 905-885-1071 for tickets.

Remember the Muskoka Rendezvous (Probus Convention) September 27 to Sept 29th in Huntsville Ontario. See Shirley Ross or Clare Musselman for registration forms. Register prior to March 31st, 2005 to get in the early bird draw.



POINTS TO PONDER A LITTLE WORD FUN

O I C

I'm in a lOder mood to-day

& feel poetic, 2;

4 fun I'll just — off a line

& send it off 2 U.

I'm sorry you've been 6 0 long;

Don't B disonso8;

But bear your ills with 42de,

& they won't seem so gr8.

A LITTLE LATIN

O sibili si ergo

Fortibuses inero

Nobili, demis trux:

Sewatis enim?

Cowsenduc.”

Translates to:

O see Billy, see 'er go,

40 buses in a row.

No Billy,

Dem is trucks.

See wat's in 'em?

Cows 'an ducks!

PROBUS Club of COLBORNE

Calendar of Meeting Dates and Guest Speakers 2005

Unless otherwise noted, meetings are held at the Keeler Centre the first and third Wednesdays of the month at 9:30 am to Noon. The socializing starts at 9:30, the actual meeting starts at 10:00 AM.

Mar 16th, 2005 Steve Gilchrist former MPP will be speaking on the subject of alternate fuels emphasizing hydrogen technology.

Graham Norcutt will be talking to us about philately (the subject of stamp collecting.)

April 6th, 2005 The OPP Safe Driving Group will be our guest speakers ,they will be presenting a workshop on safe driving for seniors. Please bring a guest if you can so that this information can be shared with as many people as possible.

Cicely Scroggs will be sharing with us what is needed to get your garden ready for spring.

April 20th, 2005 This is our anniversary meeting. It will have a Chinese theme with two informative and interesting guest speakers, Heather and John Stubbs. Donna will be preparing a Chinese menu.

Additional entertainment will be supplied by The Colborne Public School Jazz Band.

They are multiple gold medal winners and will be competing in the Canadian championships.

Later in the year

A speaker on geneology and how to research a family tree.

A beekeeper speaking on How To Make Your Honey At Home

Many more interesting speakers are in the plan and we'll hear from our own members about some fascinating hobbies such as, woodworking, rug hooking, gourmet cooking, etc.

Guest speakers are subject to change due to weather and other considerations.

OTHER PROBUS CLUBS MEETING DATES

Cobourg Probus (1st & 3d Thurs @ Best Western, Cobourg)

Northumberland Probus (2nd & 4th Thurs @ Best Western, Cobourg)

North Shore Probus (1st & 3d Wed @ Best Western, Cobourg)

Port Hope Probus (1st & 3d Tues at the Lions Centre)

Brighton Probus (2nd & 4th Wed at Brighton Legion)

Belleville Probus (2nd & 4th Thurs at the Ramada, Belleville)

Quinte Probus (1st & 3d Thurs at the Ramada, Belleville)

This newsletter is published monthly and sent to all who have an e-mail address. Paper copies will be posted to the other members. **Meeting dates** – the 1st and 3rd Wednesdays of each month at 10:00 AM

OTHER PROBUS CLUBS Newsletters outlining speakers and events are found in the Blue Binder on the events table, for your perusal and enjoyment

FOR YOUR INFORMATION

The 2005 updated membership list is available to anyone who wishes a copy. Just let Bob Compton know you want a copy, contact info is on page one (1) of this document.

Newsletter Content members are encouraged to submit articles or humorous material to the editor. We are always on the look out for interesting and topical material for our newsletter. Articles about local items of interest are particularly welcome.

WANTED To borrow ----a 35mm carousel slide projector. Call Clare Musselman-905-355-2776 if you have one of these. Clare is also looking for a manual on the care and feeding of Passenger Pidgeons.

