



# in TOUCH



Probus Club of Colborne Newsletter

**JUNE 2005**

**Editor R.Compton**

**FOUNDED 2003**

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**Keeping in Touch**----- with the Season. Yes, summer is here again and the time we Canadian's love to spend every waking moment outdoors. But a word of caution. I know you've heard it a hundred times, but here goes again. Don't over-do it on hot muggy days. If you're gardening, golfing, fishing, sailing, walking or jogging, taking in garage sales, picnicking, or, just sitting by the pool, put on the sun screen, bug repellent, sun glasses and wear a hat that gives you some shade. Drink plenty of liquids, preferably the non alcoholic type, although there is nothing finer than a cold Gin & Tonic on a hot sunny day. Enjoy the sun but stay out of it. Keep cool. Stay safe and have a great summer, before you know it, fall will be here!

***Clare Musselman, President***



**"KITCHEN KORNER" A SUMMER FAVOURITE**

### **BASIC DEVILLED EGGS**

- 1 dozen hard cooked eggs, cooled and peeled
- 1/2 cup Mayonnaise
- 1-2 Tablespoons prepared yellow mustard (to taste)
- Salt and pepper to taste
- a.. Divide eggs, placing yolks into a bowl.
- b.. Mash yolks with mayonnaise and mustard until smooth and fluffy.
- c.. Spoon or pipe yolk mixture into the egg whites. Garnish with a dusting of paprika.

### **Devilled Egg Variations**

#### **Ranch Eggs**

Make basic recipe without mustard, salt or pepper.  
Add ½ envelope Ranch Dressing mix to mayonnaise and follow remaining instructions.  
Garnish with paprika or fresh parsley.

#### **Cajun Eggs**

Prepare basic recipe and add: ¼ finely minced ham; 2 Tablespoons of sweet pickle relish;  
Several drops of Tabasco sauce (to taste)

**Spicy Eggs**

Prepare basic recipe with the following changes: Substitute Spicy Brown or Dijon mustard for yellow mustard.

Add: 2 teaspoons garlic powder; 2 teaspoons onion powder; ¼ teaspoon Tabasco sauce; Dust lightly with cayenne pepper.

**Fun garnishes for eggs**

Fresh parsley leaves

Crumbled bacon

Chopped chives

Single small shrimp

Rolled ham rosettes

Rolled smoked salmon rosettes

**TOPICAL TOPICS****Bar-B-Que'n Safety Tips**

- (1) Keep your bar-b-que grill clean and free of grease build-ups. If accumulated grease deposits catch fire, they can be difficult to put out with water. It's a good idea to have a fire extinguisher close by just in case.
- (2) Gas Grills clean the venturi tubes on gas grills regularly. Insects love to build nests in these tubes, causing blockages and making the grill hard to start, or worse, forcing the gas to find somewhere else to go. Follow the manufacturer's instructions for cleaning.
- (3) Never start a gas grill with the lid closed. The propane or natural gas may accumulate inside, and when ignited, it could blow the lid off rather dramatically. In addition, don't lean over the top of a grill as you're lighting it.
- (4) Never wear loose clothing that might catch fire if the flames suddenly flare up. If your clothes do catch on fire. Drop to the ground and roll. This will help smother the flames before they can cause serious injury.
- (4) Never use a flammable liquid other than barbecue starter fluid to start your grill or smoker. Gasoline, paint thinner, and other petroleum products are not designed to start grills. They burn explosively, and release toxins that may taint your food and could cause you serious injury.
- (5) When using starter fluid, place the container well away from the grill before attempting to light it. Always make sure you do not spill any on your clothes, the grass, or the deck.
- (6) Although decks are popular places to bar-b-que, be aware that leaves, dry grass, and other combustible materials collect under them. If a smouldering match is dropped

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between the boards, it may ignite these materials and the deck. If your deck is close to, or attached to your home, this could present a very serious fire hazard.

(6) Never store liquid or pressurized fuels inside your home. Propane, gasoline, and any other flammable liquids and gases should be stored in regulation containers away from potential sources of flame such as furnaces, water heaters, and fireplaces.

(7) It's a good policy to have a multipurpose fire extinguisher available for minor household fires next to your grill. Contact your local fire department or fire prevention office and ask what type of multipurpose fire extinguisher would be best for you.

(8) Always shut off the valve to propane tanks when not in use.

(9) Always shut off the dampers on you grill or smoker when not in use.

(10) Never leave a hot grill unattended. Keep children and pets at a safe distance.

(11) NEVER NEVER add liquid starter to hot or even warm coals. If your coals are going out open all the vents , then use a hair dryer to blow on the coals or fan the coals with a newspaper.

(12) Wear an insulated fire retardant bar-b-que mitt and use long handled tools designed for bar-b-que'n.

(13) A new BBQ pit should be cured like a new iron skillet. You can rub the inside of your pit with Pam, peanut oil, cooking oils, or even bacon grease left over from cooked bacon. Then Fire Up the pit with a medium fire, 225 degrees is good. If you have a Smoker Choke the smokestack control to 1/2 and let it smoke heavily. A hour or two is good, the longer the better. Then your BBQ Pit will be cured and ready to use.

Have a Safe and Enjoyable Bar-B-Que'n Year Around Season.

(MORE TIPS IN HANDOUT AT THE MEETING)

#### **INTERESTING INTERNET SITES**

[www.digital.library.upenn.edu/books](http://www.digital.library.upenn.edu/books) *20,000 free books current to classical*

[www.cbc.ca/archives](http://www.cbc.ca/archives) *very interesting CBC site*

[www.probusnorthumberland.com](http://www.probusnorthumberland.com) *Northumberland Probus Clubs website*

[www.cramahetownship.ca](http://www.cramahetownship.ca) *self explanatory as well as details on Colborne Creek*



## **ACTIVITIES**

**Bingo**— Every Wednesday Night at 6:15 PM at the Keeler Centre, Colborne.

### **UPCOMING COLBORNE PROBUS EVENTS**

**TBA 2005**, Rice Lake Boat cruise. See the sign up sheet.

**July 20<sup>th</sup> 2005** Colborne Probus club picnic at McKinney's farm.

**August 11<sup>th</sup> 2005** 2:00 pm to 5:30 pm. Six Northumberland Probus Clubs picnic at Roseneath Fairgrounds . tickets available from Shirley Ross. \$15 per member, \$17:50 per guest, \$7:50 per child under 12. Details to follow

**Oct 15<sup>th</sup>, 2005** Saturday Car Rally.. A joint Colborne Probus /Rotary get together.  
Details to follow

**Remember the Muskoka Rendezvous (Probus Convention) September 27 to Sept 29<sup>th</sup>** in Huntsville Ontario. See Shirley Ross or Clare Musselman for registration forms.

## **POINTS TO PONDER**

### **WHY DOES AN" X" STAND FOR A KISS?**

Those cute little XXX's we affix to Valentine's Day cards and mush notes, with or without their companion 000's, began not as symbols of affection, but as substitutes for signatures in the Middle Ages, when the vast majority of citizens were illiterate.

But the X was also used by well-educated people, who were quite capable of signing their names, and was found on even the most formal and important documents—wills, contracts, deeds, and proclamations. Even kings and queens signed with the X as a symbol of good faith—an oath that the contents of a document were true. In some cultures, an X became a compulsory binding oath—without it, a contract or agreement was considered invalid and not legally binding.

It was not an accident that the X was chosen as the substitute for a signature, and contrary to popular belief, it did not gain acceptance because of its simplicity for the illiterate.

The acceptance of the X had everything to do with Christian symbolism. The X was the sign of St. Andrew, one of the twelve apostles: signing the X implied a guarantee to live up to one's promises in that saint's name.

The X also had intimate associations with Christ himself. The X was regarded as a visual representation of the Cross of the Calvary and the Crucifixion, and X, as well as an English letter, is the first letter of the Greek word for Christ, Christos. (The Greek letter, of course, is chi.)

How did this legal and religious symbol metamorphose into a romantic one? To further guarantee the sincerity of intentions, people in the Middle Ages solemnly kissed their signatures, much as we put our hand on a Bible to swear to our veracity in court. This kiss became known as the "kiss of truth," and because the kiss finalized and bound many agreements, it spawned another saying that many think had romantic origins— "sealed with a kiss."

Over the years, as notaries public, literacy, and lie detectors lessened the need for the mark, the X lost its sacred connotations. It reached its peak in popularity in the early and mid-twentieth century. During World War II, the British and American military were so alarmed by its constant use that they forbade their soldiers from putting XXX's in their letters home, fearing that spies might insert cryptic codes into these humble marks, which once stood for truth.

### PROBUS Club of COLBORNE

#### Calendar of Meeting Dates and Guest Speakers 2005

Unless otherwise noted, meetings are held at the Keeler Centre the first and third Wednesdays of the month at 9:30 am to Noon. The socializing starts at 9:30, the actual meeting starts at 10:00 AM.

#### *\*Attention\**

*Our July 20<sup>th</sup> 2005 club picnic at the McKinney's farm (we will give you a map at the next meeting) will be the only meeting scheduled for July, so be sure to highlight it on your calendars. Please remember to pay Audrey \$5 for the picnic at the next meeting., BYOB and a chair plus your food commitment A walk through Al's forest, horseshoes. Bocci ball, croquet and a nail driving contest for men and women will be part of the activities.*

As per last year we will also have only one meeting in August. It will be on August 17<sup>th</sup>, 2005.

## **OUR NEXT MEETING**

**June 15<sup>th</sup> 2005 Cathy McCann** Chair of Rural Ramble will give us an insight into this province wide popular event, where city folk can experience hands on the rural lifestyle. Our second speaker of the day will be. . .

**Mary Lou McCroden** she will tell us about "Life Care Network"

Guest speakers are subject to change due to weather and other considerations.

### **OTHER PROBUS CLUBS MEETING DATES**

**Cobourg Probus** (1st & 3rd Thurs @ Best Western, Cobourg)

**Northumberland Probus** (2nd & 4th Thurs @ Best Western, Cobourg)

**North Shore Probus** (1st & 3rd Wed @ Best Western, Cobourg)

**Port Hope Probus** (1st & 3rd Tues at the Lions Centre)

**Brighton Probus** (2<sup>nd</sup> & 4th Wed at Brighton Legion)

**Belleville Probus** (2<sup>nd</sup> & 4th Thurs at the Ramada, Belleville)

**Quinte Probus** (1st & 3rd Thurs at the Ramada, Belleville)

This newsletter is published monthly and sent to all who have an e-mail address. Paper copies will be posted to the other members. **Meeting dates** – the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of each month at 10:00 AM

**OTHER PROBUS CLUBS Newsletters** outlining speakers and events are found in the Blue Binder on the events table, for your perusal and enjoyment

### **FOR YOUR INFORMATION**

**Newsletter Content** members are encouraged to submit articles or humorous material to the editor. We are always on the look out for interesting and topical material for our newsletter. Articles about local items of interest are particularly welcome.

