



THE COBOURG PROBIAN

Volume 14, Number 8, June, 2008

The Probud Club of Cobourg and District

P.O. Box 63, Cobourg, Ontario K9A 4K2

Next Meeting: June, 19th, 2008

President's Message:

This is a good news month for us. At the meeting on May 16/08 it was decided to hold the membership fee at \$30. for the year 08/09. That's not all, it was also decided to subsidize the fee for the Sizzler in the Park for \$5 each. Making the cost to members \$10. What a deal.

Why this event and not others? Well this is an event held during the day time, not late night. It has a large turnout so most members will benefit and last but not least we decided to give something back to the members, \$5 per member.

This is a one time deal, for this year and as usual each event should support itself so keep up the good work on breaking even.

Again we had to move things around on May 16th, however it works best when we have the business meeting, making the announcements, break and then the speaker.

President Larry



SPEAKERS AND EVENTS

JUNE 5th Glen Milne
Agriculture Down Under

JULY 3rd Judy Digwood
Wood Carver

JULY 10th TREE PLANTING Probud Club dedicates a tree to those of our members who died between July 1st, 2007 and June 30th, 2008. Our Special Events committee will be working on an event to follow so watch for further updates in the Probian. There will also be updates given at meetings as the date approaches. Karin Allan (905) 377-8098 or krallan@eagle.ca

SEPT. 2008 PROBUS RENDEZVOUS in St John, New Brunswick. Bus trip information including Registration and accommodation will be provided at meetings.

SEPT. 17th WINE TOUR. Four wineries and one brewery in Prince Edward County. Lunch and shop in Bloomfield and return to Cobourg around 5:30 p.m. View this web site for details
www.tdc.ca/bustrip/2008pecprobud.htm

OCT. 24th ANY WEDNESDAY at Best Western dinner theatre \$33.75. A romantic comedy about a Lecherous, self-centred business tycoon who meets every Wednesday, with his naive mistress in the company executive suite. Things get complicated when the executive suite is double-booked.

CHESS ANYONE ?

David Broughton, member of the new Ganaraska Valley Probus Club in Port Hope is trying to see if there is enough interest to start a chess club. If you are a chess player (past or present, good or bad) then you may want to get together with other Probus members for some fun, informal chess. Lessons, tournaments, and probably forming a Northumberland chess club may be future possibilities but for now, friendly chess in the Port Hope/Cobourg area will be the focus. David can be contacted at 905-885-1870 or david.broughton@sympatico.ca

CHECK YOUR DRIVER'S LICENSE !!!!

President Larry says – Check your Driver's License online !!!! I definitely removed mine. I suggest you all do the same. Now you can see anyone's Driver's License on the Internet, including your own! I just searched for mine and there it was, my picture and all ! Thanks Homeland Security ! Go to the web site, and check it out.

It's unbelievable! Just enter your name, city and province to see if yours is on file. After your license comes on the screen, click the box marked "Please Remove." This will remove it from public viewing, but not from law enforcement. Please notify all your friends so they can protect themselves, too. Believe me they will thank you for it. <http://www.license.shorturl.com/>

THE SHOULDICE CLINIC

Dr. Byrnes Shouldice was our speaker at the May 1st meeting. His topic was, the Shouldice Clinic which was founded by his father, and the history of hernia operations from the days of bed rest to up-and-going soon after the operation. The ratio of male to female hernia operations are 20 to 1 and 2% are over 80 years old.

Dr. Shouldice Sr. graduated from medical school in clinical surgery in 1916. In the Second World War, Dr. Shouldice was chief examiner for the Recruiting Board in Toronto. The two main deterrents for acceptance in the services was hernias and nutrition. Four months after he repaired their hernias, they were accepted in the army. In 1945 he bought a house in downtown Toronto and converted it to an operating and patient recovery rooms. Dr. Shouldice Sr. died in 1965 and his son, Byrnes, continued in his father's footsteps. In 1954, the practice was moved to a large home in Thornhill. The Shouldice Hospital is well known and many patients are grateful for the treatment received there. Dr. Shouldice showed slides of hernia operations. The recovery rate is 7 days and the recurrence rate is very low. 9% are going to get infection. Hernias can range from walnut, orange or grapefruit size to Oh My God!

Body Mass Index has a bearing on the cause of hernias and he cautioned against being overweight. Food intake has to be burned or stored as fat and he also recommended no more than two beers or 1 ½ oz. of alcohol a day, walk for ½ hour at least 3 times a week and do stretch and flexibility exercises.

Dr. Shouldice was introduced by John Bark and thanked by Jim Sandham.

WOULD YOU LIKE TO BE ON THE 2008/2009 EXECUTIVE ?

(From Karin Allan)

All positions in the Probus Club are important for the operation of the Club. We have had a volunteer for Recording Secretary and a couple for Membership but there are still the following Executive Positions available.

VICE-PRESIDENT – Help the President as required, attend executive meetings (no more than once per month). Attend bi-monthly meetings with our Presidents and your counterparts in the various local clubs, fill in if the President is unable to run a meeting. Keep the telephone committee organized for service if the need arises, become the President of the club the following year.

SPEAKER'S CHAIR – Chair a committee of members who are willing to connect with speakers, set up dates for speaking, coordinating with the house manager re equipment required, acquiring members to introduce and thank speakers and see that the speakers receive a remembrance.

CORRESPONDENCE SECRETARY – Connects with the Speaker's Committee to get the address of the speakers and then writes a letter to the speaker thanking them on behalf of the club.

COMMUNITY SERVICE – Receives letter from some community organization that requires volunteers. Announces what the volunteers are required for and distributes clipboards at the meeting giving times volunteers are required. Gets the lists of our members willing to volunteer back to the organization. Reads the letter of thanks for the help to the club.

PROBIAN EDITOR – Ensures they receive the President's message on time. Organizes for the various committees to keep you supplied with their various events for posting. Organizes that various members send them a write-up of the speaker. Ask people for submissions they feel would be of interest to other members of the club. Organize the various submissions for a once monthly edition. Take edition to printers in time to bring it to the first meeting of every month.

Contact Karin Allan (905)- 377-8098; Mary Ryan or Larry Flood

ANNUAL MEMBERSHIP FEES

Renewal of membership for 2008/2009 can be paid starting at our July 3rd meeting. Cheques only, please, in the amount of \$30 per person. Cheques to be made out to Probus Club of Cobourg and District. Please see Marg Robb and Kathy Cole, who will be looking after this for me.

- Alma Draper

SPRING FLING

The Jack Burger Sports Complex in Port Hope was the scene of the 2008 Inter-Club Gathering of 15 area Probus Clubs, May 28th. Spring was in the air and the scent of lilacs, yellow place mats with artistic designs and table centers featuring bird houses added to the joyous occasion as we mingled with the 700 Probians in attendance. *Ancient Music Trio* and the *Concert Band of Cobourg* entertained throughout the morning and a tasty lunch was enjoyed by all.

Probus Canada, Past President, Beth Hickerson, brought greetings and said this was the largest Probus group she had seen in Canada. She noted that there is 194 clubs in Canada - 137 clubs in Ontario, of which 34 are men's clubs and 31 are women's clubs. Distinguished guests were piped in by our own Ross McKie.

The guest speaker, Marina Nemat, author of "Prisoner of Tehran," told of her experiences in prison and the beatings endured and knowing that hundreds were being killed every night, but you have to keep up hope even if you have to invent it in your mind. She wrote the book to ask the world to pay attention. The story deserves to be told about what it's like to live under a brutal dictator.

Probus Club of Port Hope and District performed the monumental task of organizing this great event. Our hats are off of one and all, it was just tremendous and one that will be a hard act to follow.

Alcohol does not make you fat – it makes you lean ...against tables, chairs, floors, walls and people.

WHAT HAPPENS WHEN AN AIRCRAFT RUNS OUT OF FUEL

(From the minutes recorded by Myrtle Wardman)

Our speaker Larry Wilson was introduced by John Simpson. The title of his talk was "What Happens When an Aircraft Runs Out of Fuel". In 1951, Larry's family lived on a farm approximately where the Canadian Tire Store is today. The plane, a WW 11, 2 engine Commando, was on route from Burbank, California to New Jersey with service men and civilians aboard. It took on fuel in Chicago but somehow it went off course over Lake Ontario and running out of fuel, landed on his father's farm. The RCMP had been following the plane by road and an officer asked his father to take the passengers into his home. All 40 passengers and the crew were fed by neighbours who brought in food. Our Probus member, Louise Burnham was one of the neighbours who helped out. Arrangements were made to take the passengers away by bus. Several days later American mechanics were brought in to repair the plane but their qualifications were not acceptable in Canada. A firm from Toronto did the repairs and leveled and lengthened a runway by removing a fence. Larry's father received \$200 from the pilot but had to repair his fence out of his own pocket. George Buntin thanked Larry for the enjoyable recounting of his boyhood adventure.

LOVE THIS ONE...!

Bob, a handsome dude, walked into a sports bar at 9:58 p.m. He sat down next to a blonde at the bar & stared up at the T.V. The 10:00 p.m. news was coming on. The news crew was covering a man on a ledge of a large building preparing to jump.

The blonde looked at Bob and said, "Do you think he'll jump?" Bob says, "You know, I bet he'll jump."

The blonde replied, "Well, I bet he won't." Bob placed a \$20 bill on the bar and said, "You're on!"

Just as the blonde placed her money on the bar, the guy on the ledge did a swan dive off the building, falling to his death. The blonde was very upset, but willingly handed her \$20 to Bob, saying, "Fair's fair. Here's your money." Bob replied, "I can't take your money, I saw this earlier on the 5 p.m. news and so I knew he would jump."

The blonde replied, "I did too; but I didn't think he'd do it again."

Bob took the money.....

ANOTHER DUMB BLONDE

A man was in his front yard mowing grass when his attractive blonde female neighbour came out of the house and went straight to the mailbox.

She opened it then slammed it shut and stormed back into the house.

A little later she came out of her house again and went to the mail box and again opened it, slammed it shut again. Angrily, back into the house she went.

As the man was getting ready to edge the lawn, here she came out again, marched to the mail box, opened it and then slammed it closed harder than ever.

Puzzled by her actions the man asked her, "Is something wrong?"

To which she replied, "There certainly is!"

"My stupid computer keeps saying, "YOU'VE GOT MAIL"

TWO OLD DRUNKS

On their way home from the pub, were stumbling up the country road in near darkness.

"Seamus, I think we've stumbled into a graveyard – look, I can see a stone here that says a man lived to 105!" "Glory be Malarki, was it somebody we knew?" "No, twas somebody named "Miles from Dublin."

Send articles for the Probian to Elma Parker (905)-372-9143 or elmapar@eagle.ca