



# ***THE COBOURG PROBIAN***

Volume 14, Number 3, January, 2008

The Probud Club of Cobourg and District

P.O. Box 63, Cobourg, Ontario K9A 4K2

Next Meeting: January 17th, 2008

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## **President's Message:**

Happy New Year to all! After all the excitement of Christmas and New Year, I'm looking forward to a quiet but productive 2008.

For those heading SOUTH to warmer climates, have a safe trip and return to us tanned, golfed out and healthy.

A special THANK YOU to Myrtle and Marie for a job well done at the Dec.20<sup>th</sup> meeting. I've heard there is a lot of hidden talent in the club especially when members get behind the microphone, the year finished on a high note.

The Christmas party committee did a great job with the food, music, spot and door prizes and to top it off, Elma Parker was the lucky winner of the VIA rail pass, Congrats, Elma.

The speakers committee have arranged an interesting line up for the rest of the year and there are also several good trips in the future, so join in and enjoy your Probud club.

**President Larry**



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## **SPEAKERS AND EVENTS**

**JAN. . 3<sup>rd</sup>** Krista Rutledge  
Pine Ridge District Health Unit  
Reduce Risks of Falls

**JAN. 14<sup>th</sup>** Bowling Tournament, 9:30 a.m. Northshore Bowling Lanes, Cobourg

**JAN. 17<sup>th</sup>** Christine Stewart  
Africa

**JAN. 25<sup>th</sup>** Dinner Theatre at Best Western "**NOT NOW DARLING**" A madcap British farce about mistresses and minks. Mistaken identities, scantily clad women and suspicious wives. Sounds like a fun comedy. Tickets for dinner and show, only \$30.00. For those reluctant to make winter driving plans, consider a night at the Best Western.

**MAR. 2<sup>nd</sup>** **Urintown** at the Capital Theatre, Port Hope at 2 p.m. \$25.00

**KEEP WATCHING:** Mary Ryan is making plans for other activities in the coming months which include:  
January lunch

Progressive Lunch, Feb. 14<sup>th</sup>

March, - **Canada Blooms.**

April 16<sup>th</sup>, **Dirty Dancing**, Massey Hall, includes bus & dinner \$115.00

## COBOURG PROBUS CHRISTMAS PARTY 2007

On December 4<sup>th</sup>, 104 members and guests enjoyed a great Christmas party at the Best Western Hotel. The wintry, icy weather conditions outside were matched with the charming Christmas décor welcoming us at the hotel. This year the dinner was an extensive buffet of salads, turkey, chef-carved roast beef, followed by a fantastic variety of delicious desserts. To address past concerns, the food was arranged at three separate serving stations.

During the social hour and dinner we were entertained by the pleasant duet music of George Lee on flute and Phil Hughes on guitar. After dinner the entertainment was taken over by the rambunctious Band of Gold. The saxophonist led us with lively group dancing that most people joined in. Of special note was Godfray Delisle and his partner exhibiting real “dancing with the stars” talent and winning the “stroll” competition as judged by table 17.

There were lots of spot dances and door prizes for everyone and Elma Parker won the VIA Rail tickets. A good time was had by all including the serving staff.

*\_Malcolm Wardman*

### FROM THE MEMBERSHIP DESK

Alma Draper would like to thank **Jane and Robert Goody** for assisting on the membership desk during the month of November and **Joan Stalker** and **Julia Ford** helped cover for the month of December.

**Doreen Guy** asks that you add her telephone number 377-9045 to the membership list.

### SAUCE FOR ROASTING

Doreen Guy sends this yummy sauce recipe.

- 1 475 ml bottle of Catalina Salad Dressing
- 1 packet of dry Onion Soup Mix
- 1 can of Cranberry Sauce (with whole berries)

Method: Mix together and pour over pork roast BEFORE baking. Baste once or twice.

This makes lots of gravy/sauce to use without adding other ingredients. Excellent over pork, chicken or ham.

### DOCTOR RECRUITMENT

Mary Anne Shill and recently hired Mary-Jo Bathe spoke on Physician Recruitment for this area at our Dec. 6<sup>th</sup> meeting. The Community Physician Recruitment and Retention Committee (CPRRC) has been in existence for 6 years. Funding from the five west municipalities of Northumberland: Port Hope, Cobourg, Hamilton, Alnwick-Haldimand and Cramahe will fund the committee for three years 2006 – 2009.

It takes 12 to 18 months to recruit a doctor. Two physicians have been recruited this year. The average age of our doctors is 51.7 years with several looking to retirement. This area has 10,000 residents without a family doctor and by 2010, it is expected 15,000 residents will be without a family doctor unless more doctors can be encouraged to come to our area.

The cost of recruitment is skyrocketing. Hastings County has offered \$150,000 for 5 years service. How can we compete in a bidding war. The province of Ontario has to stop the raiding of other areas.

Doctors' spouses will also be looking at employment opportunities in the community. Education, entertainment and recreation facilities will also be a consideration.

If you know of a friend or relative in training, encourage them to take a look at our area and NHHC facilities, at [www.nhh.ca](http://www.nhh.ca) or [mjbathe@nhh.ca](mailto:mjbathe@nhh.ca)

## CROSSING INTO THE UNITED STATES BY CAR

If you have friends or relatives crossing the United States border by car, put them on guard of what the drug runners are doing now. This came as an e-mail and may prevent a lot of trouble for the “druggie’s adopted car owners.” All kinds of scary things could happen this side of the border, like car-jackings, it’s best to be alert and one step ahead of the crooks, if that’s possible.

**A Warning to Cross Border Shoppers !!!** A lady was driving back from shopping on Eureka Road with her sister and children, and noticed that the same car had been following them for a while. The car continued to follow them all the way back to the bridge and even queued up behind them in line for Customs. Luckily, she was on the ball. When she pulled up to the customs officer, she mentioned to them that the car behind them had been following them the entire trip from the shopping mall.

The Clerk told her that she was going to have to pull in for inspection, and that she was going to pull in the other car as well. So here’s the deal.....when the inspectors looked in and around the her car, they found that drugs had been stuffed into the under carriage. The inspectors told her that this is happening more often. The drug dealers find a vehicle with Ontario (or other Province) plates parked at the mall. They stash the drugs and stake out the vehicle. They follow the car across the border and retrieve the drugs as soon as the car is left alone. If the car is stopped at the border, it’s someone else who is arrested. This is not a joke. Please pass this on to anyone you feel will benefit.

Constable Rick Bertok #7174 Community Patrol Branch Chatham-Kent Police Service, Chatham, Ontario  
1-519-436-6600 ext. 87174

## CHRISTMAS MEETING

.Marie Chisholm and her Programme Committee members wished all present a Merry Christmas and thanked the following who participated in the merry making this day.

Mel Blaker, musician and neighbourhood friend, provided the musical background for all activities. We especially enjoyed his “jazzy renditions of traditional melodies during the coffee break (some were seen to be dancing) and his solo horn performance at the end.

Audrey Levtov gave a splendid reading of A CHILD’S CHRISTMAS IN WALES interspersed with carol singing from the audience. John Simpson, after telling a typical and personal “Scrooge” story, dawned a RED NOSE and with his fellow choristers, Kathy Cole and Marg Robb, gave a rendition of Rudolph, the Red Nosed Reindeer”, the like of which has never been heard.

Ron and Cath Oberholtzer and Godfray and Dorothy DeLisle, the OBD’s quartette, SANG???? “My Rusty Chevrolet” to the tune of “Jingle Bells” complete with horn and bells. Really!

Dorothy DeLisle presented some Christmas Trivia with the help of several Probians. This called for Audience Participation. John McFarlane, Malcolm Wardman and George Chisholm ATTEMPTED to be the Three Kings of Orient Are – with excellent voices, two of them were for real while the third.....

Lastly, Marie did a good imitation of “All I Want For Christmas is My Two Front Teeth” while Denis Goulin held the music. I think that’s what he did.

Happy New Year Everyone.

*-Dorothy DeLisle*

I’m still expecting contributions for the newsletter. Elma Parker, 534 Lakeshore Road, 905-372-9143 or [elmapar@eagle.ca](mailto:elmapar@eagle.ca) Please help.