



THE COBOURG PROBIAN

Volume 14, Number 4, February, 2008
The Probud Club of Cobourg and District
P.O. Box 63, Cobourg, Ontario K9A 4K2
Next Meeting: February 21st, 2008

President's Message:

FEBRUARY! Valentines day and the month of love, so where does that get us? To me this is the coldest month of the year as we are caught between Christmas and Spring, however, when I see the stores getting out the spring gardening tools and seeds, talk of a visit to Canada Blooms, the days are getting a little longer (I know the days are always 24 hours long) more daylight and a little more bird activity in the garden I cheer up. I feel we 're over the hump of winter. There is the "Spring Fling" in May and I hear plans are going well for it so get your ticket early as there is a limit on the number who can be accommodated at the event.

President Larry



SPEAKERS AND EVENTS

- FEB. 7th** Bruce Steel
Antarctic
- FEB. 14th** Progressive Lunch
- FEB. 21st** St. Mary's School Choir (tentative)
- MAR. 2nd** **URINETOWN** at the Capitol Theatre, Port Hope at 2 p.m. \$25.00
- MAR. 6th** Janet Mathews
Author of "Chicken Soup"
- MAR.** **Canada Blooms**
- MAR..20th** Not Filled
- APR. 3rd** Stan Ferguson
Motivational Speaker
- APR. 16th** **Dirty Dancing**, Massy Hall, includes bus & dinner \$115.00
- APR. 17th** John de Visser
Local Photographer (one of Canada's finest)
- MAY 1st** Bernie Shouldice
Shouldice Clinic

MAY 15th Larry Wilson

What happens when your aircraft runs out of fuel

DON'T FALL DOWN

On January 3rd Krista Rutledge from the Pine Ridge District Health Unit spoke to us on health promotion and injury prevention for seniors. Introduced by Jim Stirling, she told us how to fall down – or better yet, how not to fall down, and how to modify our lives to prevent accidents. Her suggestions were: Plan ahead, be active, look first, and clear clutter, and oh yah, if you are going to fall down, land on the cushiony part of your know what.

She gave us great information and was ably thanked by Nancy Logan.

BOWLING TOURNAMENT

The January 14th Bowling Tournament was a great success with 5 clubs participating and Cobourg came away without the toilet seat. The following team averages were:

- Northumberland 154.6
- Northshore 128.6
- Cobourg 125.0
- Ganaraska 122.5
- Port Hope 101.1

High Male triple was Lou Levtov with 622

Mary Buckley won a hidden score prize

Wine was given as bowling prizes

The 50/50 prize money was divided into 3 draws of \$20.00 each

Following bowling, a tasty lunch was enjoyed at the Lion's Centre and a social time was spent with fellow Probians.

- George Chisholm

CHRISTMAS IS COMING

And you'd better be good and ready to enjoy the Probus Christmas Party. Your hard working committee has already gone into action mode. Your committee is: Margarete Easton, Margot Donald, Elen Graham, Edna Head, Kathleen Duthie, Marie & George Buntin, John Stalker, Bill Duncan and Stone Avery. Margarete has bravely taken on the position as Chair and the members have been very active already. The first meeting produced many ideas and it was decided to consult the general membership by questionnaire at the January 3rd meeting. Results were extremely helpful and the consensus indicated preferences for changes of location, a dinner with table service and entertainment instead of a dance band.

Action was required quickly as reservations from other groups were already being received. The committee was fortunate to be able to reserve the choice of location and some entertainment. With over 300 days still to go, your committee will stay active and receptive to additional input from the general membership as they intend to make Christmas 2008 a fun celebration for everyone.

- Margot Donald

SOMETHING TO THINK ABOUT

President Larry issues this word of caution. He received a phone call (one of those telemarketers again) telling him his phone number had been selected to receive \$935.00 worth of a home security system. Had he accepted this, the caller would know he did not have a security system. Think about it!

POVERTY AND THE ENVIRONMENT

By John M. Simpson

Our guest speaker on January 8th 2008, Christine Stewart, was introduced and welcomed back to our Club by Godfray De Lisle as a person well known to most members. She was an accomplished member of parliament from 1993 – 99 then a cabinet minister from 2002 until 2005.

In her opening remarks our speaker reminisced of her previous visit to our club about ten years ago congratulating Probus in being such a successful group.

Recently she had taken part in the fiftieth anniversary of the L.B. Pearson Peace Prize award at the University of Toronto, noting that he had visited Cobourg in 1965. Her theme was to reflect on some of the fine ideas put forward by Pearson such as Justice, Peace, Quality, Medical Care Act, Peace keeping, and Care for Individuals, Freedom from war and freedom from fear. Although many of us enjoy the fruits of his struggle there is still much that we could do to better the lot of the citizens of the World.

Poverty

3.4 million Canadians live in poverty and we must be ever aware of this to provide a more equal quality of opportunity. The onus is on us to act in a positive manner.

Environment

The attitude of all citizens requires a positive change to promote actions which will enhance the planet Earth and its citizens.

- By giving a helping hand to those afflicted by poverty we most likely will be aiding the environment. Here are some items to consider:-
- Register with and understand Pickupal at www.pickupal.com
- Walk or bicycle while on near-by errands
- Purchase the grade of gasoline which will burn more efficiently.
- Spread the word that land dries up when brush and trees are indiscriminately torn up and cut. Have your politicians arrange further research on solar cooking units. This will enable poverty stricken citizens residing in hot countries to enjoy a simple effective method for daily cooking thus saving brush. Praise the act of people helping people.

After much applause Christine was thanked for her most interesting presentation by a longtime friend, Malcolm Wardman

SMILES FOR THE DAY

I live a semi rural area. We recently had a new neighbour call the local township administrative office to request the removal of the DEER CROSSING sign on our road. The reason: "Too many deer are being hit by cars out here! I don't think this is a good place for them to be crossing anymore."

I was at the airport, checking in at the gate when an airport employee asked, "Has anyone put anything in your baggage without your knowledge?" To which I replied, "If it was without my knowledge, how would I know?" He smiled knowingly and nodded, "That's why we ask."

My daughter and I went through the McDonald's take-out window and I gave the clerk a \$5 bill. Our total was \$4.25, so I also handed her a quarter. She said, "You gave me too much money." I said, "Yes I know, but this way you can give me a dollar back." She sighed and went to get the manager who asked me to repeat my request. I did so, and he handed me back the quarter and said, "We're sorry but they could not do that kind of thing." The clerk then proceeded to give me back \$1 and 75 cents change.

Don't confuse the clerks at McD's.

My daughter went to a local Taco Bell and ordered a taco. She asked the person behind the counter for "minimal lettuce." He said he was sorry, but they only had iceberg lettuce.

WHO SAID ENGLISH IS EASY?

From Ross & Marilyn Adams

1. The bandage was wound around the wound.
2. The farm was used to produce produce.
3. The dump was so full that it had to refuse more refuse.
4. We must polish the Polish furniture.
5. He could lead if he would get the lead out.
6. The soldier decided to desert his dessert in the desert.
7. Since there is no time like the present, he thought it was time to present the present.
8. A bass was painted on the head of the bass drum.
9. When the dove was shot at he dove into the bushes.
10. I did not object to the object.
11. The insurance was invalid for the invalid.
12. There was a row among the oarsmen about how to row.
13. The buck does funny things when the does are present.
14. To help with planting, the farmer taught his sow to sow.
15. I had to subject the subject to a series of tests.
16. How can I intimate this to my most intimate friend.

SENIOR QUESTIONS

Q. How can you increase the heart rate of your 60+ year old husband?

A. Tell him you're pregnant.

Q. Why should 60+ year old people use valet parking?

A. Valets don't forget where they park your car.

Q. Is it common for 60+ year olds to have problems with short term memory storage?

A.. Storing memory is not a problem, retrieving it is the problem.

Q. What is the most common remark made by 60+ year olds when they enter antique stores?

A. I remember these !

Q. Where do 60+ year olds look for fashionable glasses?

A. Their foreheads.

Q. As people age, do they sleep more soundly?

A. Yes, but usually in the afternoon.

Q. How can you avoid spotting a wrinkle every time you walk by a mirror?

A. The next time you're in front of a mirror, take off your glasses.

- *Cath Oberholtzer*

I'm still expecting contributions for the newsletter. Elma Parker, 534 Lakeshore Road, 905-372-9143 or elmapar@eagle.ca Please help.